



## How to Care for Your Child's Teeth

- Take your child to see a dentist when their first tooth appears or by one year old.
- Clean your baby's gums with a wet wash cloth after eating food and drinking milk or juice.
- Do not let your baby sleep with a bottle in their mouth.
- Help your child drink from a straw and cup. Take away baby bottles when they can use a cup.
- Help your child brush their teeth two times a day.
- Help your child floss their teeth once a day.
- Avoid giving them candy, snacks and drinks with sugar.
- Ask your dentist or doctor about giving your child fluoride drops or tablets.

*HDS Medicaid and CCMC complies with applicable Federal civil rights laws and does not discriminate on the basis of: **Race, National Origin, Disability, Color, Age, or Sex.***

### Ilocano PAKDAAR

Nu saritaem ti Ilocano, ti serbisyo para ti baddang ti lengguahe nga awanan bayadna, ket sidadaan para kenyam. Awagan ti 1-888-792-1070 (TTY: 1-877-447-5990).

### Tagalog PAUNAWA

Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-888-792-1070 (TTY: 1-877-447-5990).

### Chinese Traditional

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電1-888-792-1070 (TTY: 1-877-447-5990)。

### Korean 주의

한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-888-792-1070 (TTY: 1-877-447-5990) 번으로 전화해 주십시오.

### Vietnamese CHÚ Ý

Người bĐn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bĐn. Gọi số 1-888-792-1070 (TTY: 1-877-447-5990).



## TAKING CARE OF Your Teeth

DENTAL BENEFITS FOR HAWAII MEDICAID MEMBERS

**HDS Medicaid**



**HDS Medicaid**



## Healthy and Happy

Everyone deserves to be healthy and happy. That's why taking care of your teeth and gums is important. When your teeth and gums are healthy, you can enjoy better overall health. The best way to keep your teeth and gums healthy is to brush twice a day, floss once a day, and see your dentist regularly.

## Dental Benefits FOR YOU AND YOUR CHILD

The Med-QUEST Division has a dental program to meet the needs of those who are eligible for Medicaid. Hawaii Dental Service (HDS) and Community Case Management Corp. (CCMC) are working with the State to provide you with dental services.

**Adults** Adults (21 years old and above) can receive emergency benefits to control dental pain, infection or management of trauma.

**Children** Children (20 years old and younger) can receive routine dental care. This includes exams twice a year, X-rays, and preventive care and treatment. Benefits do not include orthodontic care.

## Medicaid Card

If you do not have a Medicaid identification card, call the Med-QUEST Division at:

**Oahu: (808) 524-3370**

**Neighbor Islands: Toll Free 1 (800) 316-8005**

If you have recently moved and have a new address, have a new phone number or have a new baby, please call your eligibility worker to give them the new information.



## Finding a Dentist

We can help you find a dentist so you can schedule an appointment for yourself or your child. If you need to be treated by a specialist and a specialist is not available on your island, we will assist you with travel arrangements for dental care on Oahu.

Foreign language and sign language interpreters may be requested for communications between the dental office and the patient/family.

## At the Dentist

- Be sure to keep your appointment and arrive on time.
- Always bring your Medicaid card and picture identification with you to show the dental office.
- If you need to cancel your appointment, please call the dental office at least 24 hours in advance of your appointment.

## After Your Dentist Visit

- After your dentist visit, be sure to follow your dentist's instructions.
- If the dentist wants to see your child again, be sure to make an appointment and return for follow-up visits.

## Call Us Today

For more information, please contact Community Case Management Corp. (CCMC) today.

### Oahu

Ph: (808) 792-1070

Fx: (808) 792-1062

### Neighbor Islands

Ph: Toll Free 1 (888) 792-1070

Fx: Toll Free 1 (888) 792-1062

### E-mail

ofcmgr@ccmcorp.net

### Hours

Monday - Friday  
7:45 a.m. - 4:30 p.m.  
*except holidays*

If you call before or after these hours, please leave a message with your name, phone number, date of birth, Medicaid identification number, and reason for your call. Emergency calls will be returned on the same day and non-emergency calls will be returned on the next business day.